

17th Annual

Wise Women's Festival

September 20-22, 2013

near Penticton, BC
at Naramata Centre

Adults \$150

Crones & Maidens \$125
(over 63 & under 23)

50 Workshops

A Healing Oasis

Sunrise Ceremonies

A Festival Store & more



Quan Yin
Goddess of Compassion

Pick up a FREE copy of Issues Magazine or the
program is online at www.issuesmagazine.net

September 20-22 • 17th Annual Wise Women's Festival

Adults \$150, Crones & Maidens \$125 (over 63 & under 23 years)
if registered before August 20 plus meals and accommodation. DETAILS PAGE 14

**Your Festival Team
Organizers**



This celebration is the third or fourth weekend of September at Naramata Centre, a conference facility operated by the United Church. Most rooms are wheel chair accessible. On Okanagan Lake, near Penticton, BC.

Weekend Schedule

FRIDAY SCHEDULE

Noon - On-site Registration at Columbia Hall
1 pm - Healing Oasis sign-up starts
2 - 5 pm - Sessions in the Healing Oasis
5:15 - 6:15 pm - Dinner

OPENING CEREMONIES - 7 pm followed by introduction of workshop presenters, concluding with a 20-minute crystal bowl meditation.

SATURDAY SCHEDULE

6:45 - 7:30 am • Sunrise Ceremonies
7:30 - 8:30 am Breakfast
8:45 - Noon • Choice of twelve workshops
12 - 1 pm Lunch
2 - 5:15 pm • Choice of eleven workshops
5:15 - 6:15 Dinner
6:45 - 8:45 pm • Choice of nine workshops

SUNDAY SCHEDULE - shorter lunch than Saturday then two-hour workshops from 1:30 - 3:30.
3:45 to 4:15 pm... CLOSING CEREMONY.

The Festival Store

has space to sell various crafts, crystals, jewellery and more. If you are registered as a participant, instructor or healer you can apply for space and bring items to be sold. Go to the website or ask Marion for details.

Give-Away Table

Share valued items with another.

The Healing Oasis is in Lower McLaren Hall.

Intuitive Readings, Body-work, Energy-work, Reiki and more

Sign-up starts at 1 pm on Friday - Sessions are 2 to 5 pm
Saturday sessions are 10:30 to 9 pm & Sunday sessions 8:30 am to 3 pm

Rate of \$25 per half hour and \$40 per hour.

Reiki drop-in sessions are by donation, one table, all weekend

If you wish to work in the Healing Oasis

We offer a trade: 6 hours of healing sessions for a weekend pass. please go to our website: www.issuesmagazine.net, it has details including a page with frequently asked questions. Then call or email Marion.... Marion@issuesmagazine.net

phone **Marion: 250-497-6861** for

Registration, Festival Store and Healing Oasis

General questions call Angele 1-855-366-0038

Accommodation is on a first come basis. See page 14.

Meals Please pre-order by August 25 • See page 14.

Naramata Centre offers full course meals with a salad bar, beverages and desserts. Meal prices are on the registration form. If we have cancellations, a few meals could become available on-site.

Refreshment Stations provide herbal teas. Please bring a travelling mug or buy a souvenir one at the Festival Store.



WORKSHOPS & WORKSHOP LEADERS

The workshop numbers correspond to the numbers on the overall schedule

Workshop #01 Saturday evening 2 hours

Anti-Age with Lymphatic Drainage

Learn the three top secrets that European women want to share so you can stay young and healthy your whole life. Join Leah for this fun, interactive, hands-on, strip down session. Bring two towels and a bikini or be prepared to strip to your underwear so we can apply oils to the torso.



LEAH SINCLAIRE
Calgary, AB • 403 819-2312
www.quantumnumerology.com

Leah became fascinated with numerology in 1998, when she studied under Clayne Conings, a philosopher of the Kabalarian wisdom.

She continued with five years of personal study before founding Quantum Numerology Inc., an internet consulting business. She discovered there is a 'quantum field' that is governed by simple math. Leah provides consultations and is co-author of *Manifest Success: Momentum, Miracles and Motivation*.

Workshop #02 Sunday morning 3 hours

The Power of Words

What are your words really saying? Especially the words we use every day. Join Leah for a lively, interactive learning about numerology and the vibration of the spoken word, and how the mind takes them and creates chaos or bliss.

Workshop #03 Saturday afternoon 3 hours

Nature as a Mirror of our Inner Self

Encounter the secrets of the elemental forces of nature. With all our senses we will connect with a tree, water, or rock, which will lead us to a deeper understanding of who we truly are. Using the Life/Art Process, our dance, movement, and drawing express what our hearts have experienced.



ELISABETH GUENTERT BAY
Grand Forks BC • 250 442-4808
www.dimutara.com

Elisabeth is a certified Expressive Arts Therapist and has an MA in Psychology and Healing Arts. She holds the Halprin Life/Art Practitioner and the Teacher for Movement Ritual. Over the last 25 years she worked with individuals and institutional settings. Her work "Healing Arts Therapy" was founded in 1991 and is rooted in the fields of Psychotherapy including C.G. Jung Dream Work, Gestalt Therapy, Psycho Synthesis, Expressive Arts Therapy, Breath Therapy, Feldenkrais, Sound Therapy as well as Nutrition and Tibetan Massage. She is also a Swiss registered Nurse.

Please bring oil pastels or crayons and a notebook for either workshop.

Workshop #04 Saturday evening 2 hours

Healing with Expressive Arts - an Introduction to the Life/Art Process

Our body contains and reveals our entire life experience. Only through the inner body experience can we come to know ourselves and the world, and changes can happen. Active Imagination, Drawing and Creative Writing help us to build bridges between our conscious and unconscious Self. Expressing the unknown through Dance and Movement, we speak in our primary, archetypal language and go beyond culture, religion and social boundaries.

Workshop #05 Saturday afternoon 3 hours

The Path of a Lightworker

Your Inner Light radiates your Outer Light

The life force of Mother Earth is radiating through you. When your body holds unresolved emotional issues your light is dimmed. Old emotions are like weeds blocking the light. You are invited to prepare for the rise of the Sacred Feminine as it brings forth the caring, nurturing and loving energy that honours all of Creation.

Workshop #06 Sunday morning 3 hours

Self Healing... The New Health Science

Do you want better Health, more Energy and much happier Relationships? In this talk Carole will show you how to make real practical changes which will empower you to fully embody your true self. If you want a deeper, more meaningful relationship with yourself and others, this is a must-see. If you are done feeling sick or tired,

Carole will show you how to walk in your True Power.



CAROLE M FRIESEN
Calgary AB • 877 846-3948
www.corepotentials.com
www.TheLightworkersInstitute.com

Carole is an expert in personal transformation for people who are committed to making profound changes in their lives. As a keynote speaker, best selling Amazon author and an award winning teacher, Carole has shared the stage with T. Harv Eker, John Gray and Doreen Virtue.

Carole oversees thousands of students, practitioners and teachers in Psychosomatic Therapy. She charms her audiences with her unique blend of body language, face reading, wisdom and candid humour.

ARIADNE SASSAFRASS
Revelstoke, BC • 250 837-9276

Ariadne is a Certified Access Consciousness Facilitator, Bars and Body Process facilitator and is well trained in a myriad of other modalities including Theta Healing and the Yuen Method. She travels worldwide offering a variety of workshops, and is committed to bringing light and bliss to this world.



Workshop #07 Saturday morning 3 hours

Workshop #08 Sunday afternoon 2 hours

Access Consciousness

An introduction to the tools and philosophies that can create instant change in your life. Access Consciousness is an energy transformation system, which links seasoned wisdom, ancient knowledge and channeled energies with highly contemporary motivational tools. These approaches can set you free by giving you access to your truest, highest self. The purpose of Access is to generate Consciousness: the ability to be and receive everything without judgement. We will clear judgements and social conditioning as well as limitations before the class is completed.

NORMA COWIE
Penticton, BC • 250 490-0654
www.normacowie.com

Norma has been involved in metaphysics for over 40 years. This is an opportunity to take advantage of her vast knowledge, some written in her eight books, but much which isn't. She is author of three books on Tarot and attends many conferences on the subject.



Workshop #09 Saturday morning 3 hours

The Tarot, the Royal Road

Tarot cards, in particular the Rider Waite Deck, shows a journey we all take to spiritual awareness. Hear how the journey works, so you may experience and become aware of how you are progressing on the Royal Road.

Workshop #10 Saturday evening 2 hours

A Metaphysical Discussion

Metaphysics is a broad subject. Norma will moderate and facilitate answers to questions you have wanted to know, whether it is about ghosts, psychic development or spiritual evolution.

CINDY-LEE YELLAND
Kelowna, BC • 250 868-2210
www.angelontheloose.com

An accomplished artist, teacher and performer of Bellydance and Middle Eastern fusion dance, CindyLee has studied extensively with local and international instructors since 2000. She delights audiences dancing as *The Angel On The Loose*. She is the director of *The Loose Hip Sisters Bellydance Club*.



Workshop #11 Saturday evening 2 hours

Workshop #12 Sunday morning 3 hours

The Wings of Isis

The ancient Egyptian goddess Isis has many gifts to share with us. We will learn beautiful modern versions of magical ritual moves and forms taken from the wall paintings of ancient Egypt. Come dance with wings just as Isis, the goddess of magic, power and protection did in the times of old, and unleash the goddess in you!

No dance experience necessary, and wings are provided. I have 10 pairs of wings, so workshop participants are limited.

JOLANDA HIMMELSTEIN
Kelowna, BC • 250 450-9075

Jolanda's interest in languages and cultures brought her to Asia where she lived for ten years and learned Tai Chi and Qi Gong. In recent years Qi Gong has become an important part of her life; it is her means of connecting to the source and she finds great joy in teaching it. Jolanda's re-discovery of the red nose has brought more colour into her life and a wonderful hobby: volunteering as a caring clown.



Workshop #13 Saturday afternoon 3 hours

**Tapping into Spiritual Freedom
with a Red Nose**

Let go of your everyday consciousness and befriend the clown within. We will explore our clown personas in a safe workshop environment with warm-up exercises and clowning scenes respectively. Costumes and props will be provided. If you are ready to discover your creative source, this workshop is for you.

Bring a red nose or a loonie to buy one.

SUNRISE CEREMONIES with Jolanda: BOTH mornings at 6:45 am in the GREAT HALL

QI GONG: Gentle, relaxing exercises which improve the flow of the energy (Qi), thus benefiting body, mind and spirit.

Workshop #14 Sunday afternoon 2 hours

Belly Dancing for Fun and Fitness

Join us to learn the basics of belly dancing. You will discover muscles you don't know you have, improve your posture, cardio, balance and flexibility while toning your body. You'll have so much fun you won't even know you're getting an amazing workout. Bring a hip scarf and wear comfortable clothing. *Open to all levels of fitness and dance experience.*

No dance experience required.



JENNY PULS (NURA)
Kaleden, BC • 250 497-1189
www.innerblissbellydancing.com

Jenny has been joyfully belly dancing and teaching for the past twelve years. She is passionate about helping women heal themselves wholly and naturally through knowledge, energy work and movement. She is a Reiki and Ra~Sheeba Master as well as a BodyTalk Access Technician. In addition she has taken Huna and Bellyfit instructor course training, and had the Reconnection Activation done.

Workshop #15 Saturday afternoon 3 hours

The Healing Art of Egyptian Temple Dancing with Jenny and Miriam

Connect with your body, mind & Goddess self as we have fun exploring our chakras and how we can awaken them with the ancient art of belly dancing. Using our temple, we will invoke the Goddess energy, learn some Egyptian mudras and reclaim our feminine essence and grace. *Please wear your Goddess clothes and bring a hip scarf if you have one.*



MIRIAM CUNHA
Kelowna, BC • 250 448-5523
www.yonisha.com

Miriam has dedicated her life to the study of philosophy, metaphysics, spirituality and different esoteric practices. She is a Shaman, Reiki Master, Writer, Graphic Artist, Singer and Musician, and facilitates transformative experiences like Laughter Yoga, Dancing, Singing and Drumming, Mayan Oracle, Intuitive Tarot Readings, Meditation, and other subjects related to human spiritual development.

Workshop #16 Sunday morning 3 hours

Live Singing Mandala

Your voice is a holographic representation of all that you are and a reflection of your soul's creation. Together we will create and improvise our sacred sounds and harmonies to create a live singing Mandala.

Workshop #17 Saturday morning 3 hours

Workshop #18 Sunday afternoon 2 hours

It is Time to Stack-the-Deck

We have had plenty of restraints on us. We've been limited from knowing and embodying the bulk of who we really are, where we're really from, why we're really here and what abilities we really have. It's time to awaken and train ourselves to maintain and stabilize the higher energies.



PHYLLIS STRAUB
Olalla BC • 250 599-9090
www.vibrationallyenhancedliving.com

Phyllis has prepared her human body to channel high vibrational energies from evolved Beings. This channeling is accomplished through mind-heart connection, which co-creates higher levels of consciousness by clearing out lower energies.

Workshop #19 Sunday morning 3 hours

Exploring the Chakra System

Using frosted and clear crystal bowls and moving from the root chakra to the crown, and then from the heart chakra outward in concentric rings, we bathe in the sounds for clearing and for strengthening our energetic systems.



TEREZ LaFORGE
Kamloops, BC • 778 471-5598

Terez is a student of VAHS (Voice Activation Hydration System), a Theta wave system that reads and feeds the body the sounds that it needs for well-being. She is an Access Consciousness Bars facilitator and the keeper of a set of frosted and clear crystal bowls. She hosts Full and New Moon sound meditations in Kamloops.

SUNRISE CEREMONIES with Terez: SUNDAY morning ONLY at 6:45 am in the NORTH WING.
CHAKRA SOUNDBATH: Come in pyjamas with your blankie to restorative nurturing crystal bowls sound and melody.

KERRY PALFRAMAN

Summerland, BC • 250 494-8955
www.indigowisdom.ca

A registered nurse by profession Kerry began delving into the world of alternative, holistic and esoteric studies after being diagnosed with a life-threatening illness that conventional medicine was unable to treat effectively. She continues to contradict and confound conventional medical wisdom by her reliance upon, understanding of, and application of ancient teachings, alternative and esoteric means.



Workshop #20 Saturday afternoon 3 hours

A Chat With Spirit – Channelled Messages from Your Angels, Guides and Higher-Self

Bring your personal or worldly questions to class where Kerry will help connect you with your Higher-Self, Angels and Spirit Guides. They want to be felt, it is just a matter of tuning in. If you want to connect with a loved-one that has passed over, Kerry may have answers to the questions you have.

Workshop #21 Sunday morning 3 hours

Dreams and Messages from your Higher-Self

Dreams tell you who you are but your Higher-Self, Guides, Angels and Your Creator actually send you more guidance during the day than at night! Learn how to easily recognize and understand these daily and nightly messages as a whole new level of reality is revealed.

ANNE ELLIOTT

Sorrento, BC • 250 463-4915

Anne is an intuitive and innovative healer/teacher with more than 20 years experience facilitating groups. She hosts Goddess inspired Wheel of the Year Ceremonies and is passionate about divine feminine pilgrimage as well as the labyrinth, which began in 2000 when her former bookstore, Spiritworks, sponsored a pilgrimage to sacred sites in England and France which included Chartres Cathedral, home of one of the most well-known labyrinths in the world. Anne's crone name is Purple Goddess.

ANDREA SAMPSON

Toronto, ON • 416 712-5365

Andrea studied with masters in the Healing Arts for over 25 years, becoming certified in Tarot and Intuitive Coaching. Over the past seven years, Andrea and Anne have collaborated and created many inspired Goddess ceremonies. As a result of this collaboration, they are producing a guidebook on goddess ritual ceremony.



Workshop #22 Saturday afternoon 3 hours

Honouring the Goddess through the Seasons

For those interested in learning the transformational approach and benefits of a Goddess-inspired life. Anne and Andrea will guide you through the meaning, the celebration and the Goddess wisdom of the eight festivals of the year: Candlemas, Vernal Equinox (Ostara), Beltane, Midsummer Solstice, Lammas, Autumn Equinox (Mabon), Samhain, and the Winter Solstice (Yule), with Seasonal Ceremony ideas for individuals and/or groups. As a celebration of the Goddess approach, the workshop will include a Goddess Ceremony for the Autumn Equinox with drumming and a guided labyrinth walk.



Both are working in the Healing Oasis

MELISSA PEREHUDOFF

Kelowna, BC • 250 762-7850
www.kelownayogahouse.org

Melissa has been studying yoga for 20 years to uncover the mysteries of the soul. She is an Iyengar certified yoga teacher and has been to India twice to study at the Ramamani Iyengar Memorial Yoga Institute. She has also been to Hawaii twice to swim with the wild dolphins in the ocean. Honoring the elemental powers within our bodies and surrounding us in nature unites us with all that is.



Workshop #23 Sunday morning 3 hours

Earth Magic Energizing with the Elements

Explore and reconnect with the elements - earth, water, fire, air and ether. We will start with a one hour yoga practice suitable for all abilities, followed by breath awareness and relaxation. After observing the movement of energy through body and breath we will use art, song and ritual to re-discover what nourishes us and creates vitality in our lives. Where attention goes, prana (life force energy) flows. Create the life you desire! *Please bring your yoga mat, pillow, blanket & art journal.*

SUNRISE CEREMONIES with Melissa BOTH mornings at 6:45 am in the LOFT.

Morning Mantra & Meditation: Greet the day with a song in your heart and sweet harmonies in your soul.

Workshop #24 Saturday afternoon 3 hours

Workshop #25 Sunday afternoon 2 hours

Re-Enchanting the Earth with SoulCollage® and Animal Wisdom

A hands-on experience of using SoulCollage® as an Earth-mending catalyst. Combining SoulCollage® with Animal Medicine and Shamanic Journey, we'll explore the power of imagination and intuition as tools and doorways to wholeness and healing for humans and for the earth in this season of profound change. Learn to connect to the earth, listen into the stories of your own life and gain access the earth's support and wisdom. SoulCollage® combines the aboriginal tradition of listening to and collaborating with our animal companions. *Art supplies provided - a donation would be appreciated.*



GYLLIAN DAVIES
Christina Lake, BC • 250 447-9332
www.HopeBearers.com

Gyllian is a spirituality and creativity coach, artist, poet and curandera (traditional earth-based healer), from BC. Through Hope-Bearers, she invites people on a magical journey into the realm of Sacred Activism and the abundant powerhouse of the Holy! Blending Labyrinth, SoulCollage® and the rich world of dreams and animal medicine, Gyllian offers life-coaching, classes, one day workshop/retreats throughout the NW, as well as residential retreats at Sky Meadow, where she lives.

Workshop #26 Saturday morning 3 hours

New Energy for a New Age

Do you bound out of bed every morning excited by anticipating what you can create? If you are new to awakening or just curious, then this workshop would give you a greater understanding of how energy is impacting your life. The only way to live beyond limits, to experience true joy and freedom, and to be abundant is to live a balanced life. All of creation creates energy, understanding how to use your share wisely makes life satisfying.



Working in the Healing Oasis

DAWN MARIE BOUCHER

Penticton, BC • 778 476-3248

www.livingbeyondlimits.ca

To free herself from core issues hindering the integration of self, Dawn has studied Angel Therapy, Matrix Energetics, Quantum Touch, Core Dynamic coaching, Trauma Resolution and much more. Today she is a New Energy Educator and Crimston Circle Teacher in training.

Workshop #27 Saturday evening 2 hours

Strumming the Songs of Yester Year

A 'Frances passion' is strumming her guitar and singing folksy songs, new and old. She entertains her audience with humorous and heartfelt folk songs and rounds, which invite active participation, lifting our spirits with the vibration of music. Come, loosen up your voices for a while on a Saturday evening.



FRANCES MURPHY

Okanagan Falls, BC • 250 488-6592

Part of Frances' 'unique-to-her' talents is her voice and ability to reflect back life. She used to shake when singing in public, but in time realized that fear and excitement are of the same vibration. Music has been a companion on her life path; enjoying guitar at assemblies in high school, being a music mom for her kid's schooling, singing at weddings, funerals and fundraisers... but best of all were the sing-a-longs.

Workshop #28 Sunday morning 3 hours

Clean Across Canada

Clean body, clean mind, clean spirit – the centuries-old mystique of soap - make some to take home, using a simple formula. Discover what Balneotherapy is - and why you should care.

Workshop #29 Sunday afternoon 2 hours

Wild Wisdom

Using wild-gathered native plants to make medicines; identifying, picking, drying and preserving your plants; finding the right remedy for each ailment.

E-copy of *Wild Wisdom* book.



JAN NORN

Crescent Valley, BC • 250 359-5979

www.growyourowndrugstore.com

A farm kid from New Zealand who came to Canada fifty-plus years ago, who became a teacher, mostly elementary and special needs children. Passionate about natural cosmetics, herbal medicine, and the matrix of energy healing, she is the author of several books.

Jan is 77 this year and has a lot of work planned for the next thirty years.

SUNRISE CEREMONIES with Jan: SUNDAY morning ONLY at 6:45 am in the ORCHARD COURT #1 MORNING LIGHT WITH KOMBUCHA TEA, the Twelve-colour Meditation and a Prayer for all cancer travellers.

CINDY SMITH
Calgary, AB • 403 970-3496
www.cindysmithaep.com

After many years of working in the counselling field, Cindy has now found her life passion by teaching others to find their own power, trust in their intuition and connect to their angels. Cindy teaches the *Angel Empowerment Practitioner Certification™ Course* and has developed *Connect To Your Own Power* workshops.



Working in the Healing Oasis

Workshop #30 Saturday afternoon 3 hours

Manifest with Guidance from Your Angel Team

Now is a time to allow yourself to receive in all areas of your life. Archangel Michael's message, 'please allow receiving energy now, and accept change as love and light energy.' Gain new insights to self through guided meditations and how we all connect with our angel team. Have the opportunity to experience the presence of Archangels Michael and Raphael and your own guardian angels to assist with change and acknowledge belief patterns of change.

KALAWNA BIGGS
Roberts Creek, BC • 604 886-3536
www.kalawna.com

Kalawna is an hereditary Psychic, Spiritual Healer and a Master Hypnotherapist who has worked in her field professionally for over 26 years. She connects individuals back to their soul purpose and holds a space for spiritual awakening. She is a gathering of divine energies that channel through her giving you a creative expression of focused, centered, conscious awareness.



Working in the Healing Oasis

Workshop # 31 Saturday evening 2 hours

Meditation for Healing

This is a two-hour guided meditation so bring warm clothes and a comfortable blanket. We are going to lay down and strengthen ourselves through guiding the imagination and enhancing the central nervous system, while balancing the hormones and cleansing the emotional body. This is a wonderful way to completely relax and heal the body.

SHARON CARNE
Calgary, AB • 403 668-4085
www.soundwellness.com

Sharon is a musician, author, recording artist, certified sound healer and a student on the path of evolving consciousness for over 40 years. Her work has evolved into the visionary work of Sound Wellness – bringing the ancient and modern power of sound and music to a deeper awareness and practical everyday use for these challenging times we live in.



Workshop #32 Saturday morning 3 hours

Wired for Sound

Explore the science and the alchemy of sound. Experience the three elements of sound therapy: recorded music, sound tools and your voice. Learn how deeply sound affects us.

Workshop #33 Sunday afternoon 2 hours

Exploring Your Cosmic Roots: A Sound Journey for Ancient Souls

Engage your cosmic brothers/sisters and return to Earth with sacred knowledge they have held for your soul's journey during this lifetime. *(No admittance once the journey has begun).*

ELLEN PAYNTON
Williams Lake, BC • 250 398-2656
www.lifepilates.ca

Ellen is a kinesiologist and owner/operator of *LIFE Pilates Body Therapy*, a health and wellness studio that focuses on fusing external body exercise rehabilitation techniques with internal mind and spirit life enhancing practices.



Working in the Healing Oasis

Workshop # 34 Saturday evening 2 hours

Somatics for Health

A movement discipline that focuses on bringing the participant's awareness back into their body. The exercises are performed in a slow and mindful manner that encourages the body to relax, the muscles and joints to function in their natural movement pattern, and the brain to disengage from the business of daily life. A wonderful complement to any Yoga or meditation practice. *Yoga mats or blankets are required for this workshop.*

SUNRISE CEREMONIES with Ellen SATURDAY morning at 6:45 am in the SOUTH WING
Somatic for Health: Movement that encourages joint function- as the brain disengages, the body relaxes.

Workshop #35 Saturday morning 3 hours

Mirrors of Relationships

Everything we need to know or understand about ourselves is "mirrored" to us by the people, places and events that occur in our lives. To understand the concept of Mirrors we will explore the dynamics of these relationships and situations. You will gain control of your life rather than life controlling you.

Workshop #36 Sunday afternoon 2 hours

The Power of Inner Beauty

Gaining confidence and self esteem from the inside out

Hannelore will share precious gems of wisdom to:

- Gain confidence and self-esteem
- Make empowering decisions
- Recognize the power of the moment
- Enhance and trust your intuitive abilities
- Heighten awareness of synchronicities
- Tap into your courage to speak your truth
- Tune into the power of your thoughts.
- Be your best and shine
- Let go of guilt and shame
- Set boundaries
- Dare to live your dreams



HANELLORE

Vancouver, BC and Hawaii

604 926-4988

www.Hannelore.ca or

CommuningWithDolphins.com

Hannelore is a former, successful model and actress and now author, international speaker and intuition teacher, who for the past twenty-five years, has dedicated her life to helping others awaken to their full potential. She considers herself a 'story teller' as she shares from her heart some personal experiences. She provides practical tools that make a difference and support people in their lives. Her greatest joy are seeing the transformations that take place, and spending time swimming with the dolphins.

Workshop #37 Saturday morning 3 hours

Workshop #38 Sunday afternoon 2 hours

Raise Your Love Vibration

Participate in this group Resonance Repatterning session and resonate with more love! Suki uses muscle-checking (applied kinesiology) to objectively and accurately identify the pertinent, intriguing pattern that is common to the group. This process provides energy for your intention in the session and healing for all.



SUKI FOX

Vernon, BC • 250 307-7301

www.sukifox.com

Suki, AKA the 'Roving Repatterner' is a wellness practitioner and teacher with over 15 years of experience helping clients shift with Resonance Repatterning sessions. Formerly she owned and operated *The Fitness Connection* studio chain and also *The Lodge Inn Retreat* in Cherryville, BC. These days she travels extensively.

Workshop #39 Saturday morning 3 hours

Angels, Guides and other Realms

Meet your guardian angel and learn how you can work with them to enhance your life experience. We will have a thought-provoking conversation to assist us on our journey as humans. The angels share that we are always supported, loved and never alone.

Workshop #40 Sunday afternoon 2 hours

Sharing Dad's Light

Sharon will share her experiences of working with people transitioning, as a ghost therapist and an inter-dimensional traveler. Having always been able to connect with souls that have crossed over, it was natural for her to help others as they transition to the next stage.



SHARON TAPHORN

Williams Lake • 250 303-0796

www.playingwiththeuniverse.com

Sharon, author of *Angel Guidance ~ Messages of Love and Healing*, is an international teacher, healer, author, mystic and Earthkeeper. She shares her wisdom, spirit, and passion around the world through her Radio programs, offers workshops on healing and expanding consciousness, and is a gifted intuitive/empath.

SUNRISE CEREMONIES with Sharon SATURDAY morning at 6:45 am in the LOWER ALBERTA HALL

A Journey to the Akash, your Book of Life.

RUTH BIEBER

Kelowna, BC • 778 478-4380
www.playwithperspective.com

In the early 1990s, Ruth founded InsideOut Theatre and was the Artistic Director for seventeen years in Calgary, even though she is blind. She has recently published a book about the countless innovations she has made to both theatre and the rehabilitation communities. Currently, she divides her time between Canada and New York, where she is writing and promoting her plays. Ruth's most recent innovation has been curating an exhibit of artwork by blind artists, as well as establishing an experiential gallery program in Kelowna for people who are visually impaired, modeled after the *Art Beyond Sight* program in New York City.



Workshop #41 Saturday morning 3 hours

Transformation through Drama

(Acting like Scaredy Cats)

Discover the transformative power of the dramatic arts through interaction of using safe drama games and activities. Individuals who do not feel they belong on stage are encouraged to challenge themselves in this friendly and fun environment.

Workshop #42 Sunday morning 3 hours

Transformation through Story Telling

The world is hungry for the return of the verbal tradition, but how do we begin? Learn creative and safe strategies for introducing story telling that make them personally inspiring and enjoyable. Techniques learned can easily be shared with friends and family. *Please bring a non-breakable item.*

MARIAN REED

Kelowna BC • 778 484-2476

Marian is an experienced Healing Touch practitioner with a life-long experience in complementary health modalities including Gestalt.

MARY WALKER

West Kelowna BC • 250 768-1800

Mary is an artist and gifted intuitive healer. Her mother was an intuitive and as a youngster she had many intuitive breakthroughs. She now belongs to a mystic fraternity and feels privileged to teach youngsters art. She finds inner peace in gardening and meditating in the forest.



Workshop #43 Saturday morning 3 hours

Lay Your Burdens Down

Mary and Marian will work as a team to help you release emotions which are holding you back from leading a more fulfilling life. After a deep imaging session you will have the option to share/recall whatever is comfortable for you. Then we will help you release emotional shocks that happened to your body and are now being an unnecessary burden. Usually shock sets in six months after a trauma happened if there was no resolution that the brain understood. We are willing to work with long-ago or recent traumas.

Both are working in the Healing Oasis

MICHELLE MORRISON

Kamloops, BC • 250 682-8176

www.thebalancedsoul.com

Michelle is a Spiritual Consultant, Intuitive, Medium, Reiki Master Teacher, Shamanic Practitioner writer and speaker. She is passionate about working with people one on one or in group and workshop settings, helping you to tap into and bring forward your highest potential and healed state. With a lifetime of clairvoyant experience, Michelle's authentic and engaging nature will have you laughing and feeling empowered as you connect to your higher self, the Divine, your intuition and the beautiful light within."



Workshop #44 Saturday afternoon 3 hours

Workshop #45 Sunday afternoon 2 hours

Miracles Abound

We are each created from love and we are surrounded in unconditional love at every moment in our lives. When we live with fears, worries, doubts, criticism, judgement, grief or guilt, we are not truly accessing our authentic state or allowing that flow of well-being in our energy. Using the work of A Course In Miracles and humor, Michelle will guide you through the understanding that who you really are is love, and with simple shifts in your awareness you can begin to see miracles happening all around you. These beautiful and simple messages and exercises create so much peace and joy while helping you to open to the powerful, intuitive and loving eternal soul that you are.

Workshop #46 Saturday afternoon 3 hours

Sacred Symbols

Using symbols to focus our intent is often more effective than words alone. Learn about the meaning of sacred and mystical symbols of different cultures and traditions and how to use them. *Bring a notebook.*

Workshop #47 Sunday morning 3 hours

Persephone's Descent

Sometimes life is a struggle. These Underworld journeys give us opportunities to evolve. We will trace the cycle of myth through Goddess eyes to find our way and integrate our Shadow-Selves. *Bring a pillow and/or yoga mat.*

SABLE ARADIA aka DIANE MORRISON

Vernon, BC • 250 540-0341

www.thethreadsthatbindus.net



Sable has been a practicing witch for over twenty years. Driven by psychic experiences in her youth, she became an initiated Wiccan High Priestess and a licensed Wiccan religious representative.

She owns *The Threads That Bind Us* in Vernon where she teaches classes in magick, Wicca, and women's spirituality.

Karen and Sunnaira are Crew Members of the Festival.

Workshop #48 Saturday evening 1.5 hours

The Three Wise Women A Meditation

with Karen, Sunnaira & Miriam

Joining harmonics of the singing crystal bowls, drum, and flute with guidance and vocalizations; a vibrational upgrade to assist in one's evolutionary journey.

Bring blanket and pillow.

This workshop will end at around 8:30 pm.

Miriam's bio is on page 4



Rev. KAREN COOGAN

Penticton, BC • 250 770-1166

As a metaphysical minister Karen offers insight and clarity from an awareness of the higher realms and our universal states of being, helping release fear-based beliefs to liberate, empower, and live more fully. She has a passion for the singing crystal bowls, creating inspirational meditative experiences through her intuitive playing and singing.

SUNRISE CEREMONIES

SMUDGING by the Willow Tree •

Sunnaira and/or assistants offer a cleansing/grounding gift

- FRIDAY 2 - 4 pm and again

SATURDAY and SUNDAY morning 6:15 - 6:45 am

6:45 am LABYRINTH WALK with Karen • Saturday only

Combine the heavenly tones of the crystal bowls and the connection to earth as you walk the Labyrinth

SUNNAIRA ARMSTRONG

Okanagan Falls, BC • 250 497-6797

Sunnaira shares her wisdom of the Sacred Circle of Life, teachings from Indigenous Elders, and her understanding of the greater reality of who we are as creator beings of the universe with joyfulness and practical tools for embodying and expanding this energy into the everyday walk of life. The voice of the drum resonates with the heartbeat of the earth and the pulse of all creation.

ET Skywatch

Everyone welcome

FRIDAY 10 to 11:30 pm
SATURDAY 9 to 11:30 pm
Meet at the Beach

We will try and contact extraterrestrials using the CSETI protocols developed by Dr. Steven Greer. We will be under the stars for a few hours, bring a chair and sleeping bag to ensure that you are warm enough.



DEBORAH WARREN

Vernon, BC • 250 503-1313

www.ocseti.org

I joined CSETI (Center for the Study of Extra Terrestrial Intelligence) in 1999 in Vancouver and have attended ten CSETI "Ambassador to the Universe" trainings. I have been assisting ET Contact groups in the Okanagan / Shuswap, teach Computer Science at college level and offer a number of shaman journey workshops, drawing on the work of anthropologist Hank Wesselman.

These numbers indicate the workshop location on the map that you will receive at the Festival

WEEKEND SCHEDULE

Saturday

Location	8:45-10:15	10:30-noon	2-3:30 pm	3:45-5:15 pm	6:45-8:45 pm
1 Loft	#09 NORMA COWIE The Tarot, the Royal Road		#24 GYLLIAN DAVIES Re-Enchanting the Earth with SoulCollage and Animal Wisdom		#48 THREE WISE WOMEN A Meditation using Crystal Bowls, Drum, and Flute
2 North Wing	#37 SUKI FOX Raise your Love Vibration		#05 CAROLE M FRIESEN The Path of a Lightworker		#31 KALAWNA BIGGS Meditation for Healing
3 Sessions Room	#26 DAWN MARIE BOUCHER New Energy for a New Age		#03 ELISABETH BAY Nature as a Mirror		#04 ELISABETH BAY Healing with Expressive Arts
4 South Wing	#35 HANNELORE Mirrors of Relationships		#30 CINDY SMITH Manifest with Guidance from Your Angel Team		#01 LEAH SINCLAIRE Anti-Age with Lymphatic Drainage
5 Orchard Court 1	#17 PHYLLIS STRAUB It is Time to Stack-the-Deck		#44 MICHELLE MORRISON Miracles Abound		<i>The public washrooms for Orchard Court are the campground washrooms that will be on the MAP given to you on arrival.</i>
6 Orchard Court 2	#07 ARIADNE SASSAFRASS Access Consciousness		#20 KERRY PALFRAMAN A Chat with Spirit		
7 Chapel	#32 SHARON CARNE Wired for Sound		#22 ANNE & ANDREA Honouring the Goddess through the Seasons		#27 FRANCES MURPHY Strumming the Songs of YesterYear
8 upper Alberta Hall	#43 MARIAN & MARY Lay Your Burdens Down		#46 SABLE ARADIA Sacred Symbols		#34 ELLEN PAYNTON Somatics for Health
9 lower Alberta Hall	#39 SHARON TAPHORN Angels, Guides and other Realms		#13 JOLANDA HIMMELSTEIN Tapping into Spiritual Freedom with a Red Nose		#10 NORMA COWIE A Metaphysical Discussion
10 Great Hall	#41 RUTH BIEBER Transformation through Drama (Acting like Scaredy Cats)		#15 JENNY & MIRIAM The Healing Art of Egyptian Temple Dancing		#11 CINDY-LEE YELLAND The Wings of Isis



September 20-22, 2013

These numbers indicate the workshop location on the map that you will receive at the Festival

		Sunday		Location
		8:45-10:15	10:30-noon	1:30-3:30 pm
SAT & SUN	SUNRISE 6:45-7:30 am			
	MELISSA PEREHUDOFF <i>Movement & Mantra</i>	#23 MELISSA PEREHUDOFF Earth Magic Energizing with the Elements	#25 GYLLIAN DAVIES Re-Enchanting the Earth with SoulCollage and Animal Wisdom	Loft ¹
SUN	TEREZ LAFORGE <i>Quickie Shower of Sound</i>	#19 TEREZ LaFORGE Exploring the Chakra System	#38 SUKI FOX Raise your Love Vibration	North Wing ²
<i>Closing Ceremonies Sunday at 3:45 pm in the Great Hall</i>		#42 RUTH BIEBER Transformation through Story Telling	#40 SHARON TAPHORN Sharing Dad's Light	Sessions Room ³
SAT	ELLEN PAYNTON <i>Somatics for Health</i>	#06 CAROLE M FRIESEN Self Healing... The New Health Science	#36 HANNELORE The Power of Inner Beauty	South Wing ⁴
SUN	JAN NORN <i>Kombucha Tea</i>	#28 JAN NORN Clean Across Canada	#29 JAN NORN Wild Wisdom	Orchard Court 1 ⁵
SAT	SUNNAIRA & ASSISTANTS <i>offers a smudge Saturday & Sunday starting at 6:15 am near the Willow tree.</i>	#21 KERRY PALFRAMAN Dream and Messages from your Higher-Self	#08 ARIADNE SASSAFRASS Access Consciousness	Orchard Court 2 ⁶
		#16 MIRIAM CUNHA Live Singing Mandala	#33 SHARON CARNE Exploring your Cosmic Roots	Chapel ⁷
SAT	KAREN COOGAN <i>Labyrinth and bowls</i>	#02 LEAH SINCLAIRE The Power of Words	#45 MICHELLE MORRISON Miracles Abound	upper Alberta Hall ⁸
SAT	SHARON TAPHORN <i>Healing Pyramid</i>	#47 SABLE ARADIA Persephone's Descent	#18 PHYLLIS STRAUB Time to Stack-the-Deck	lower Alberta Hall ⁹
SAT & SUN	JOLANDA HIMMELSTEIN <i>Qi Gong</i>	#12 CINDY-LEE YELLAND The Wings of Isis	#14 JENNY PULS Belly Dancing for Fun and Fitness	Great Hall ¹⁰

Saturday Evening Sing, Dance, or Drum • 8:45-10:45 pm

8:45 Sing-a-long with Frances, then watch Cindy Lee & Jenny dance performances.

9:30 Open dancing, bring a drum and join Miriam in an accompanying drum circle.

Register before August 1 and save ... Adults \$150, Cronos & Maidens \$125
 plus meals, accommodation and GST • On-Site Registration starts Friday at noon.

REGISTRATION FORM

Healing Oasis Registration starts at 1 pm
 Healing Sessions available Friday 2 to 5 pm

Name(s) _____
 Address _____ Phone _____
 Town _____ Prov. _____ Code _____ email _____

FESTIVAL FEES

		Weekend	Saturday only	Sunday only
ADULTS (26-62 years)	on or before August 1	\$ 150	\$ 110	\$ 55
	August 2 — September 15	\$ 170	\$ 120	\$ 65
	After Sept. 16 and on site registration	\$ 180	\$ 130	\$ 70
CRONES 63 yrs+ and MAIDENS (10-25 yrs)	on or before August 1	\$ 125	\$ 95	\$ 45
	August 2 — September 15	\$ 145	\$ 105	\$ 55
	After Sept. 16 and on-site registration	\$ 155	\$ 115	\$ 65

MEALS....Please pre-order by August 15

MEAL PACKAGES Meals include dessert and beverage. If you have dietary restrictions please advise.

6 meals Friday dinner to Sunday lunch \$95.00 _____ **5 meals** Saturday breakfast to Sunday lunch \$75.00 _____

INDIVIDUAL MEALS Fri. Dinner \$ 23.00 _____ Sat. Breakfast \$ 12.00 _____ Sat. Lunch \$ 15.00 _____
 Sat. Dinner \$ 23.00 _____ Sun. Breakfast \$ 12.00 _____ Sun. Lunch \$ 15.00 _____

ACCOMMODATION *Bedding and towels included.* Check out time **1 PM - Sunday**

- Cabins and Maple Courts (prices) *One or two rooms. Double bed and/or two single beds plus front room with a hide-a-bed/couch plus kitchen. One double bed, one single bed and a bathroom. Fridge, sink and tea kettle in the foyer.*
 - Shared: Two people, two nights \$110 per person • Three people, two nights \$105 per person
 - Private: One person, two nights \$200 • Private: one person, one night \$120.
 - Alberta Hall *A two storey dorm with two single beds in a room and a large multi-use bathroom on each floor.*
 - Shared: Two women, two nights \$ 95 per person • Two women, one night \$75 per person
 - Private: One woman, two nights \$125 • One woman, one night \$80
 - Orchard Courts *Two single beds and a bathroom in each room with a shared common space that includes a kitchen.*
 - Shared: Two people, two nights \$ 120 per person • Private: one per person, two nights \$220
 - R.V. Space \$ 40 per night including electrical hook-up
 - Tent \$ 25 per night .. no power
- R.V. & tent spaces have a central bathroom with shower and a picnic area.*

To book nearby accommodations visit www.DiscoverNaramata.com • Many have websites with images and directions
 BC Motel: 250-496-5482 • Village: 250-496-5535 • Naramata Inn: 250-496-6808 • Sandy Beach Lodge: 250-496-5765

Festival Fees \$ _____
 Meals \$ _____
 Accommodation \$ _____
 Subtotal \$ _____
 GST (add 5%) \$ _____
 Grand Total \$ _____
 Amount enclosed \$ _____ (50% deposit required)
 Balance ... \$ _____ payable at the door

Make cheque payable to: **Visions unlimited, Wise Women's ...** Send it to Marion Desborough, L1-4505 McLean Creek Rd, OK Falls, BC, V0H 1R1

We do not mail receipts. If you need confirmation please give us time to process the form and then call the number below.

No refunds on meals or accommodation **after** Sept. 1
 We refund festival fees, less \$50 per person, if notified by Sept 10.

If paying by credit card phone **250-497-6861**

Questions? **1-855-366-0038** Angele Ortega

Please bring a travelling mug for refreshment breaks.



Naramata Centre requests.... NO pets on site and DO NOT call Naramata Centre to register